



Commanding Officer John C. Barrow, Captain, USN



A native of New Bloomfield, Mo., Captain John C. Barrow joined the Navy V-5 Aviation Cadet Program in June 1943. Two years later he entered the Naval Academy to be commissioned an Ensign in 1949.

While with VF-21, Captain Barrow was one of three members of that squadron to transit the continent in less than four hours, establishing a record for trans-continental flight for that time. Assignments with the Department of Foreign Languages at the Naval Academy and VFP-62, as Officer-in-Charge, aboard the USS INDEPENDENCE followed. During the years 1961 to 1963, the Captain attended the Fletcher School of Law and Diplomacy at Tufts University earning a Master of Arts and a Master of Arts in Law and Diplomacy.

Captain Barrow served as Executive Officer and Commanding Officer of VF-32, aboard the USS FRANKLIN D. ROOSEVELT until 1966 at which time he took command of CVW-3 embarked on the USS SARATOGA in 1967. In 1968, he reported to the Strategic Plans and Policy Division of the Office of the Chief of Naval Operations, in Washington, D.C. eventually to serve as Executive Assistant and Senior Aide to the Deputy Chief of Naval Operations for Plans and Policy. Returning to sea in 1971, Captain Barrow assumed command of the USS OGDEN.

At Hunter's Point Naval Shipyard, 3 March 1972, Captain Barrow assumed command of the USS ORISKANY.

